

FIGURE 5. The specific heat at constant volume of solid and fluid ${}^4\text{He}$ at various volumes.

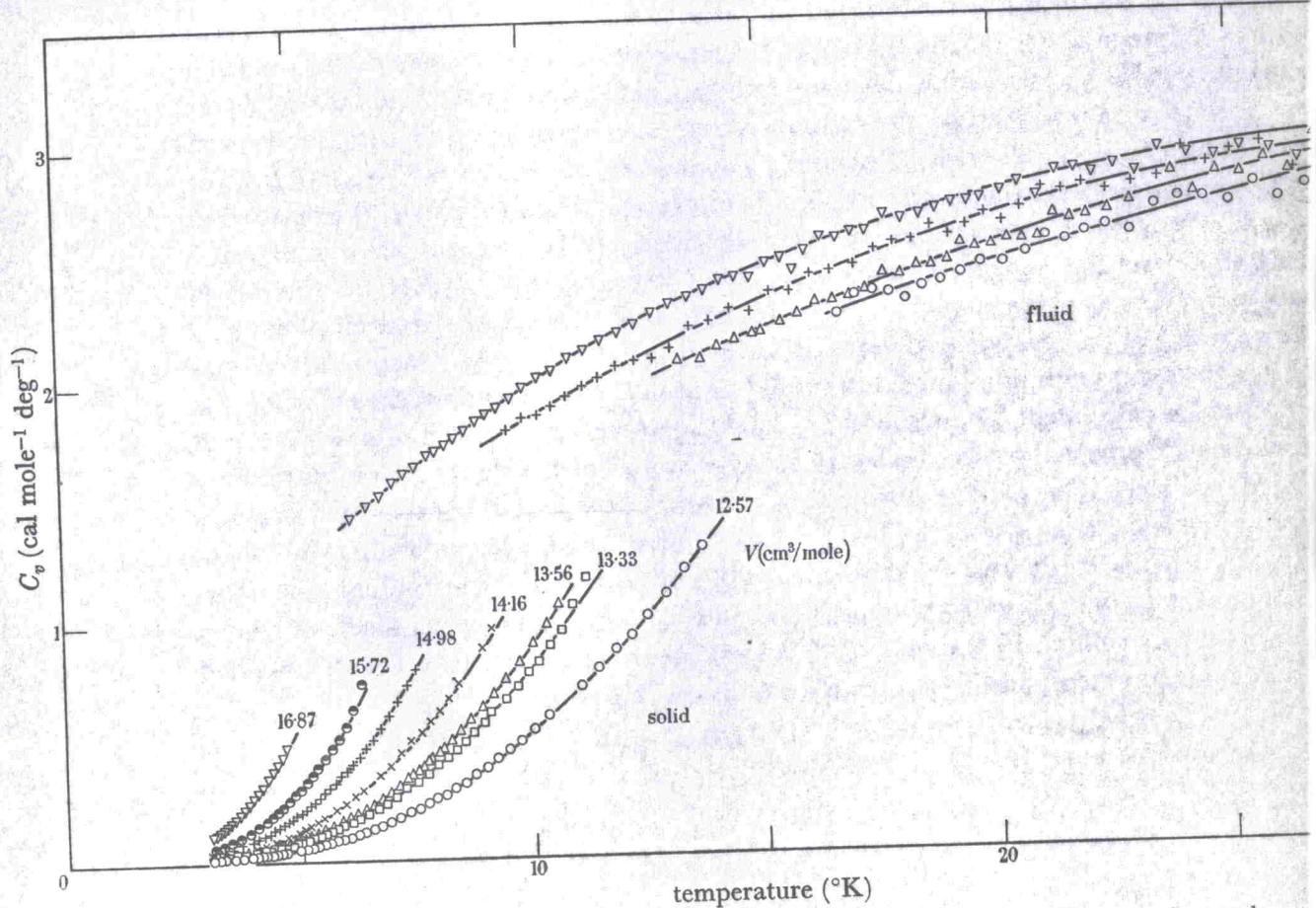


FIGURE 6. The specific heat at constant volume of solid and fluid ${}^3\text{He}$ at various volumes.